Supplementary Modules to the Core Cultural Formulation Interview (CFI)

10. Older Adults

Related Core CFI Questions: 5, 6, 7, 8, 9, 10, 12, 13, 15, 16

GUIDE TO INTERVIEWER: The following questions are directed to older adults. The goal of these questions is to identify the role of cultural conceptions of aging and age-related transitions on the illness episode.

INTRODUCTION FOR THE INDIVIDUAL BEING INTERVIEWED: I would like to ask some questions to better understand your problem and how we can help you with it, taking into account your age and specific experiences.

Conceptions of aging and cultural identity

- 1. How would you describe a person of your age?
- 2. How does your experience of aging compare to that of your friends and relatives who are of a similar age?
- 3. Is there anything about being your age that helps you cope with your current life situation?

Conceptions of aging in relationship to illness attributions and coping

- 4. How does being older influence your [PROBLEM]? Would it have affected you differently when you were younger?
- 5. Are there ways that being older influences how you deal with your [PROBLEM]? Would you have dealt with it differently when you were younger?

Influence of comorbid medical problems and treatments on illness

- 6. Have you had health problems due to your age?
- 7. How have your health conditions or the treatments for your health conditions affected your [PROBLEM]?
- 8. Are there any ways that your health conditions or treatments influence how you deal with your [PROBLEM]?
- 9. Are there things that are important to you that you are unable to do because of your health or age?

Quality and nature of social supports and caregiving

- 10. Who do you rely on for help or support in your daily life in general? Has this changed now that you are going through [PROBLEM]?
- 11. How has [PROBLEM] affected your relationships with family and friends?
- 12. Are you receiving the amount and kind of support you expected?
- 13. Do the people you rely on share your view of your [PROBLEM]?

Additional age-related transitions

14. Are there other changes you are going through related to aging that are important for us to know about in order to help you with your [PROBLEM]?

Positive and negative attitudes towards aging and clinician-patient relationship

- 15. How has your age affected how health providers treat you?
- 16. Have any people, including health care providers, discriminated against you or treated you poorly because of your age? Can you tell me more about that? How has this experience affected your [PROBLEM] or how you deal with it?
- 17. [IF THERE IS A SIGNIFICANT AGE DIFFERENCE BETWEEN PROVIDER AND PATIENT:] Do you think that the difference in our ages will influence our work in any way? If so, how?