



**Immigrant  
population  
in Canada**



**Refugee  
population  
in Canada**

## **You've only heard half the story.**

Continue to strengthen your capacity to effectively address the mental health needs of immigrants and refugees.



**camh**  
Centre for Addiction and Mental Health  
Centre de toxicomanie et de santé mentale

Funded by:

Financé par :



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada

Growing from the success of the Refugee Mental Health Project, **the Immigrant and Refugee Mental Health Project** gives **settlement, social and health service providers** the essential information they need to provide excellent care and support. It's built by experts, it's evidence-based and it's free.

Strengthen your knowledge, develop your skills and build networks for your work.

**"This training is the most thorough learning tool on [a] mental health subject that I have ever participated in. It is very clear, easy to access, and well supported. I am glad to go through it and learn so much."**

- past RMHP course participant

**Online course • Webinars • Community of practice • Toolkit • Newsletter**

**Explore the project at [bit.ly/irmhproject](https://bit.ly/irmhproject)**



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